



NEWSPAPER

June 1,
2023

By: Bryenna
De Leon



Ellie's Gymnastic Experience

Today, I'm thrilled to share an incredible story about one of our very own stars, Ellie Park. This exceptional 7-year-old recently took part in the prestigious US Gymnastics Competition. Ellie is a second grader in our school, who embarked on an exciting journey when she qualified for the national gymnastics competition in Indianapolis last May 20, 2023. She carried not only her dreams but also our whole school's best wishes. The competition was fierce, with gymnasts from across the country showcasing their incredible skills and determination. Ellie shared that it was only her coach and her mom alongside her during this trip. Ellie felt nervous, but also sad because her friends were not there with her. She is the youngest in her team "Bella's Gymnastics." Her perseverance and grit serve as an inspiration to all of us, reminding us that we can achieve great things with the right mindset.

Ellie's Gifts

If you didn't know, before her competition, Ellie was kind enough to pass out little items like bracelets and delicious-looking cookies as a way for us to support her special event. Thank you so much, Ellie!

So keep an eye out for Ellie Park, our shining gymnastic star, as she continues to excel in her gymnastic journey. We can't wait to see what amazing feats she accomplishes next! Until then, stay inspired and keep faith in our almighty God, keep reaching for the stars, and remember that greatness lies within each and every one of you.



Cyber Bullying and How to Stop It

By: Maicom Razon

What is cyber bullying?

Cyber bullying is bullying with the use of technology such as tablets, phones, and even gaming consoles. Cyber bullies try to anger, scare, or shame their targets. Examples include:

- spreading lies about or posting embarrassing photos or videos of someone on social media
- sending hurtful, abusive or threatening messages, images or videos via messaging platforms
- impersonating someone and sending mean messages to others on their behalf or through fake accounts.

Cyber bullying happens alongside face-to-face bullying but is also easier than face-to-face bullying because the bully doesn't speak directly to the target. Although it is easier, cyber bullying leaves a digital footprint that can be used as evidence towards the bully.

How do we stop cyber bullying?

We can stop cyber bullying by telling a parent, teacher, or other trusted adult. We can also stand up for somebody being cyber bullied. When being the target, you can:

- Choose not to respond
- Block the user
- Report the bully

There are many ways to stop cyber bullying, but not many people are trying to stop it. That is why everyone should work together to prevent bullies on the internet.



School Newspaper

IHM SPRING CHOIR CONCERT

June 1, 2023

By: Traiver Ruiz



Dear Eagles,

On May 24th, 2023, the Immaculate Heart of Mary School choir hosted a fascinating concert at 6:30 pm in the school's auditorium. All the choir members from 1st to 8th grade showed their impressive vocals to an eager audience. This concert featured the Beginner's Choir and the IHM Children's Choir. The performance of the choir members was open to the parents and loved ones of all students, including those who were not part of the choir.



An Evening of Harmony

Led by choir directors, Mr. Christopher Avendaño and Ms. Alexandré Legaspi, the talented students delivered a stunning performance of traditional anthems, exhibiting the skill and depth of their musical abilities. The concert was a true testament to the months of hard work and dedication that the choir members had put into rehearsals. The choir's practice and hard work clearly paid off.

The beginner's Choir performed classic pieces like "Dona Nobis Pacem," "Swing Low Sweet Chariot" and others. The IHM Children's Choir performed pieces like "Silver Moon Boat," "Seasons of Love," "Jubilate Deo" and more.

Student Experiences

We interviewed Micaiah Pineda from 3rd Grade and asked him about his experience with the concert.

He says, "Working with the choir was hard but I overcame it. I dealt with the hardest songs with practice and teamwork. *Dream Keeper* was honestly the most difficult and longest song that I had to overcome. *Hopp Juliska* was my favorite song of the concert because of how much spirit and joy was in it. I recommend joining the choir to anyone that loves to sing. My advice to anyone that does want to join is to try your hardest and make use of teamwork and practice."

Applause and Gratitude

We extend our heartfelt gratitude to Mr. Avendaño and Ms. Legaspi for their generous guidance in directing the concert. We also express our appreciation to Mr. Paul Concepcion for his exceptional piano accompaniment that added spirit and depth to the performance.

Our deepest thanks also go to Ms. Bautista for generously allowing us to have the privilege to host this memorable event. And most importantly, we are grateful to all the parents and loved ones of our choir members who attended the concert to support and watch their child's outstanding performance.

Last but not least, we applaud and congratulate our choir members for their amazing performance that left us all entertained and delighted. Thank you all for making this a truly unforgettable evening.



2022-2023 School Year Reflection

By: Inigo Razo

Dear Eagles,

It is almost the end of our 2022-2023 school year! What a year. This school year has certainly had his highlights. From the 100 anniversary, to the LA county christmas celebration, this school year is certainly one for the books. In this article, I will highlight the 2022 - 2023 school year.

100 Year Anniversary of the School

In case you forgot our school history, here is a quick recap. IHM celebrated its 100 year anniversary on September 8, 2022. The school parish was originally founded on January 5, 1912 with the school first opening its door on September 8, 1912. The very first principal as Sr. Wilhelmina. The first building was replaced with a larger one in 1956. The school was only open to 1st grade to 8th at the time, but later changed in 1992 when kindergarten was added followed by TK in 2014.

New School, Cool School

This school year started off late due to a renovation of the school during the summer break. One thing was sure though, it was definitely worth the wait! Renovations of the school include freshly painted walls, new floor tiles, automated paper towel dispenser, a new playground, working air conditioning, new desks and chairs, and more. The renovations made this school look like a brand new school. This renovation would have not been possible without the Shea Family! Thank you very much Shea Family!

Choir Events

This school year was a much better year for choir than last year. The IHM Children's choir was able to participate in more events this year. One of which included the LA County Holiday Celebration. The last the Choir was able to participate in this was 2019. During the LA County Holiday Celebration, the Choir was looking fresh. All choir members had dresses and suits made for them.

Decathlon Team

This school year, Decathlon finally happened after 3 years of COVID. The Decathlon Team studied for months, taking over an hour a day dedicated to studying on Monday, Wednesday, and Friday. A Super Quiz Event was held at the Cathedral High School on February 4. where the Decathlon team placed 3rd overall. The official decathlon event was held on March 4. It was a different story this time. Only one person was placed on the team, which was Cian Aguja. He earned a stunning first place in the subject of current events. At the time of this writing, the Decathlon team still continues to study for the upcoming decathlon event.

Student Experiences

We interviewed Enzo Cagatao from the 7th Grade to ask him about his experience from the 2022-2023 school year. He said, "The good things about this school year were the events like the Centennial and the Family Nights... This school year was pretty decent. My opinion on the school year was pretty good, all the events tied together with family, friends, and food." Enzo Cagatao gave the school year a 10/10 although he says he would change people's attention. He says that people could have been more focused and taken the morning assemblies more seriously.

This is my last newspaper article of the year. It has been an honor and a pleasure for making newspaper articles for my fellow classmates. As they say, all good things must come to an end. I'll see you all later.

CHASIN' THE SUN

WHAT ARE YOUR PLANS FOR THIS SUMMER?

BY: JADEN JUANILLAS (MAY 27 2023)

Dear Eagles,

In about one week we will be in summer break. Summer is a wonderful and happy time when we all get a few months off school. So we interviewed different students and teachers about what they are doing over the summer break. We used the most interesting answers in this newspaper.



INTERVIEWING THE COMMUNITY

To get started we listed the most interesting answers from each student and teacher that we interviewed.



BELLA CUNANAN

We interviewed Bella Cunanan and she said

“For this summer break I will be going to the Dominican Republic.” For anyone who doesn’t know what the Dominican Republic is, the Dominican Republic is a country in the Caribbean.

AIDEN BELTRAN

We interviewed Aiden Beltran and he said “Over the summer break I will be going to Cancun.” Cancun is a city in Mexico that borders the Caribbean Sea. It’s composed of two distinct areas which are El Sentro and Zona Hotelera.



MICAIH PINEDA

We interviewed Micaih Pineda and he said “When we are on summer break I will be going to Canada.” Something about Canada is that Canada is a country in North America. Also Canada's territories extend from the Atlantic Ocean to the Pacific, making it the second biggest country.