



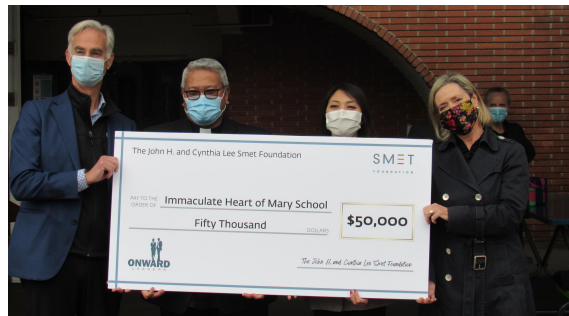
# THE IHM WEEKLY

## *Immaculate Heart of Mary School*

Immaculate Heart of Mary School is a Community of Faith in which school and parents join together in the formation and education of each child to achieve a balance of faith, character, and academic excellence.

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*We, the Faith Community of Immaculate Heart of Mary School* are committed to Jesus Christ, and therefore called by Him to minister in **love** to others.



MESSAGE FROM THE PRINCIPAL  
DECEMBER 15, 2021

Dear IHM families,

This past Monday, December 13th, our school community was recognized as “a community of faith and love; a community deeply rooted in Christ’s ministry; a community so strong that, even through uncertain times, has stuck together and grew stronger because of it.”

All of this continues to ring true when it comes to our IHM community. John and Cindy Smett of the John H. and Cynthia Lee Smett Foundation presented to our school a BIG check in the amount of \$50,000. They described this donation as an “investment,” stating:

*Because of your leadership, Fr. Rolly and Ms. Bautista, this investment comes with confidence and hope towards a robust student body with an abundance of students being formed by a rigorous academic program, engaging extracurricular activities, and a faith-filled curriculum. This investment also comes filled with the objective and continued hope for an active and engaged school community in the form of parent engagement and teacher support and development.*

Stay tuned as I, with great honor and excitement, will be turning to you in partnership to determine how this investment can support the future of our school for years to come.

Blessings,  
Ms. Bautista

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*At Immaculate Heart of Mary School, our school community works in partnership with the parents to nurture the **whole child**.*

Mental health issues can significantly impact one's ability to problem solve and maintain healthy relationships. Providing mental health services in a school-based setting helps address barriers to learning and provides support so that all students can achieve in school and ultimately in life. In our dedication to educating the whole child, we have been blessed with the opportunity to provide mental health services on-site and at no cost to our qualifying families. However, we want to make our community aware that private insurance is accepted, helping make this service available to all students regardless of qualification. With that being said, we will begin to see a new face around campus ...

#### Introducing Daniel Ravanshenas of Wellness and Education Group



Born in New York and raised in Los Angeles, Daniel Ravanshenas earned his Bachelors in psychology from California State University, Northridge (CSUN) and his Masters in Marriage and Family Therapy from the University of Southern California (USC). He also studied philosophy at California State University, Los Angeles (CSULA) and doctoral level clinical psychology at the Chicago School of Professional Psychology (CSPP). Daniel's clinical experience includes adults, couples, children, and families. As a counselor, he addresses multiple issues such as anxiety, depression, addiction, substance abuse, eating disorders, gender identity, and phase-of-life transitions. He also provides short and long-term academic support to optimize student success in the classroom. Feel free to reach out to him with questions.

The information provided during Title IV mental health services will be held in confidence to the maximum extent allowed by the law, with the exception of situations which may be harmful to the health and/or safety of others, including yourself and/or your child. The service being provided is Health Insurance Portability and Accountability Act of 1996 (HIPAA) compliant. Your privacy is extremely important to us and we want to maintain strict confidentiality in providing these services.

If you are interested in having your child receive mental health counseling, please reach out to Ms. Bautista to discuss how we can continue to support and invest in the all-encompassing well-being of your child



EXTRA, EXTRA, READ ALL ABOUT IT!  
IMPORTANT NEWS AND ANNOUNCEMENTS

- Congratulations to our “ugly” Christmas sweater winners - Joseph Fernandez, Anthea Tenorio, and Alexander Flores - and a huge thank you to all our participants!
- December is *flying by*! Is there a particular **faculty/staff member** who stuck out to you this month? Let us know in the following form - <https://forms.gle/vYStix68suRHvags7>
- The **kickball tournament** will take place tomorrow after school and will end at 4 PM. Students on campus after 4 PM will be sent to EDP, which has a daily fee of \$10.
- This week’s **choir** practice has been rescheduled to tomorrow. Any choir students participating in the kickball tournament will attend choir immediately after the game.
- All are welcome to join us for our **Christmas potluck** this Friday, December 17th. **There will be no EDP** - all students must be picked up by 12:30 PM. They are also free to leave after the potluck, but please let your child’s teacher know when they are leaving.
- The last chance to get the **COVID vaccine** at school will be Friday, December 17th. Doing so will have you at least 50% protected by Christmas. Those who received their first dose last Friday or who will receive it this Friday will get the second dose on January 7th.
- Today we had a free yoga demo. If interested in participating in **after-school yoga enrichment**, please fill out the following form - <https://forms.gle/4JZL7AHemCxowJWi7>.
- Beginning in January, we will be offering an **after-school sports program** for our 4th-8th graders through [ASISA \(After School Interscholastic Sports Academy\)](#). They will be offering basketball on Mondays from 3-5 PM and volleyball on Thursdays from 3-5 PM. Permission slips are due TODAY, so please email me if you have not yet submitted them.
- The Archdiocese of Los Angeles mandates that all adults who work in any capacity with or around children complete the VIRTUS® Protecting God’s Children for Adults program. Beginning January 6, 2022, all volunteers working with our students will be required to be **VIRTUS trained and fingerprinted**. For more information, visit <https://lacatholics.org/education-and-training/> and <https://lacatholics.org/fingerprinting/>.
- Dennis Uniform** will be closed from Dec. 23-Jan. 2. **Holy Norm** (5065 Hollywood Blvd. 323-666-9337) is another option and they still have our uniforms in stock!
- Keep your eyes peeled tomorrow for the newest edition of our **IHM newspaper**!

Have a wonderful rest of your week!  
Ms. Bautista



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WHAT'S GOING ON AT & AROUND IHM?

WANT TO LEAVE YOUR MARK AT IHM?

WE ARE HAVING A "BUY-A-BENCH" FUNDRAISER IN AN EFFORT TO REPLACE OUR SCHOOL LUNCH TABLES.

FAMILIES ARE INVITED TO SPONSOR THE PURCHASING OF A NEW LUNCH TABLE.

THE COST OF A NEW LUNCH TABLE IS \$1,200.

THROUGH YOUR DONATION, WE WILL PURCHASE A LUNCH TABLE, AS WELL AS A PLAQUE TO ATTACH TO THE TABLE TO COMMEMORATE YOUR GENEROSITY.

MULTIPLE PEOPLE CAN TEAM UP TO PURCHASE THEIR TABLE TOGETHER.



Precious Blood Church presents  
*Angels Carol*

**Free Admission**  
December 19, 2021 - 12:30PM Mass  
Children's choir will perform right after the Mass

+ Immaculate Heart of Mary Children's Choir  
Conducted by  
Pete Avendano

Please join us for our annual

**CHRISTMAS POTLUCK**  
**DRESS YOUR BEST**

Friday, December 17th after 8:30 AM Mass  
All are welcome, as long as you provide proof of vaccination to your child's teacher.

There will be no EDP after school. All students must be picked up by 12:30 PM.

**Metro LA**  
**free**  
**food pantry**  
**+ resource fair**

**Friday**  
December 17th  
9:30-11:30a

- fresh produce + groceries
- vaccines & boosters
- gingerbread cookie kits
- diapers (size 1-6)

\$50 gift card for eligible L.A. Care + Blue Shield Promise members 12+ getting 1st or 2nd dose!

1233 S Western Ave,  
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**(213) 428-1457**

in the mail